

SEPARATION RELATED STRESS.

This is a general overview only. Each plan is personalized on a case by case basis.



THE WHAT/WHY/HOW:

- Contributing factors/history
- Types of separation stress
- Symptoms/Behaviours witnessed
- The environment
- The food dilemma
- Reducing/ avoiding everyday stress
- Collars / white noise / Zylkene / diffusers
- Establishing your dogs threshold Body Language/stress signals
- Crate training yay or nay?
- Departure cues
- Lifestyle/time to train

PROTOCOLS:

- Place for independence
- Creating barriers to following
- Enrichment/Games/Play/ Fulfilment
- Door is a bore
- Peek-a-boo
- Routine and structure
- Departure desensitization
- Keeping a diary
- Factors that influence training success
- Medication